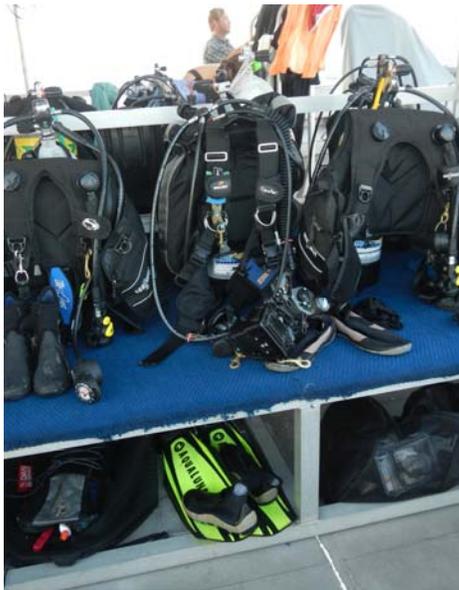


FLOWER GARDEN BANKS NATIONAL MARINE SANCTUARY



DIVER'S CHECKLIST for R/V MANTA

Required:

- Scuba Certification Card
- Nitrox Certification Card
- DAN Insurance Card
- Dive Log Book
- Dive Computer
- Dive Tables (if not using computer)
- Dive Mask
- Mask de-fog
- Snorkel
- Fins*
- Booties (for fins with straps)
- Weight Belt
- Gloves
- Wetsuit, Hood
- BCD
- Regulator w/ depth & pressure gauge
- Compass
- Bottom Timer
- Dive Light (for night dives)
- Cyalume Sticks** (for night dives)
- Signaling Device
- Closed-toed shoes (for deck work)

Other:

- Dive Knife (optional)
- Photography Equipment
- Swimsuit
- Towel (for saltwater, shower towel provided)
- Casual Clothes
- Flip Flops for Showers
- Motion Sickness Remedies
- Hat
- Sunscreen
- Sunglasses
- Reading Material
- Spare Glasses or Contacts
- Personal Hygiene Articles
- Specialty Snacks or Foods
- Notebook

*Fins with straps are preferable since booties will protect your feet once you take off your fins to climb the ladder, as well as on deck.

**Cyalume sticks may be available on the vessel. Please check with us ahead of time to verify.

Meals Provided

All meals are provided on board R/V MANTA. If you have special dietary requirements, please let us know ahead of time and we will do our best to meet your needs.

Various snacks (usually fresh fruit, cookies, chips, pretzels, etc.) are available throughout the day. Bottled water and other beverages are also provided.

NO alcohol or smoking is permitted on board.